



## **Kars on the Rideau School Council Meeting Minutes of March 22, 2016**

The meeting was called to order at 7:10 pm.

**Present:** Kim Cable, Rick Haggart, Robin Churchill, Sonia Williams, Michelle Crogie, Jenn Mercer, Rowena Pearl, Mike Blois, Shereene de Rosayro, Lianne Van der Burgt, Denise St-Jules, Bonnie Fiarchuk, Pam Sully, Steve Montero, Diane Dey

**Regrets:** Jen Ball, Shauna Carty, Paula Panetta

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### **Guest Presentation**

Mike Soulière from the Early Intervention Program @ KOTR shared a presentation describing the EIP program in the school. It is a program based from The Royal Ottawa. (Presentation is attached to the minutes.) Suggested parents look at an app called: "Be Game Ready".

### **Chair Report**

Kim welcomed Michelle Crogie as the new Secretary for Council for the remainder of the school year.

### **Treasurer Report**

Total Lunch Program profits should come to about \$15,000. Dance a thon made \$4305. Book Sale will be the last fundraising event. Educational expenses have been paid for most programs. Scientists in the School and Stained Glass workshops are outstanding. Will later discuss spending any more money. Council will keep some money in the bank for new school year.

### **Principal Report**

Rick shared some requests from the Kindergarten program. Light Table and Music Program requests were presented. The total request was for approx. \$1475. These will be prioritized with other requests already on the radar.

## **Current Business: Minutes of January 19, 2016**

**MOTION** to adopt the minutes of January 19, 2016 as presented.  
1<sup>st</sup> Shereene de Rosayro, 2<sup>nd</sup> Steve Montero  
Motion PASSED

## **Funding Requests**

Dance-a-thon proceeds made approx. \$4305 and that money was allocated to technology purchases for the school. The Council presented a cheque to Rick. Rick commented on how well that event went and thanked Council.

Other Funding Requests: Reviewed the budget forecast and items that Council has already seen on previous Funding Requests to prioritize.

**MOTION:** to purchase the light table, materials and music program for kindergarten program for \$1475  
1<sup>st</sup> Bonnie Fiarchuk, 2<sup>nd</sup> Robin Chruchill  
Motion PASSED.

**MOTION:** to buy a propane BBQ to support school events and provide the school/Council with a means for their own fundraising. \$1200 estimated.  
1<sup>st</sup> Steve Montero, 2<sup>nd</sup> Diane Deys  
Motion PASSED.

## **Carry Forward Items:**

**Facebook Page** – Discussion around pros and cons. Kim, Rick, Leeanne and Michelle F. will get together to further discuss to see if it makes sense to pursue.

**Technology Use in Upper Grades** – School is in phased roll-out and not all equipment has arrived yet for consistent use in all grades. More is to be purchased.

## **Coordinator Updates**

### ***Teacher Representatives***

The aboriginal dance presentation (MASC funding) was well received with grades 7&8. Sonia presented a request to purchase a DVD Helping Children with Anxiety and a request to purchase 3 books. These items are budgeted for already under Library Donations.

**MOTION:** to buy the DVD and books for \$150 (Bonnie)  
1<sup>st</sup> Shereene de Rosayro, 2<sup>nd</sup> Rowena Pearl  
Motion PASSED.

### ***Hot Lunches/ Book & Bake Sale***

Lunch Survey Idea – Kim will put out an electronic survey to ask for lunch feedback from parents. First she will put out a draft to Council for feedback.

### ***Jar Walk Debrief***

Robin confirmed it was a successful event.

### ***Dance-a-thon Debrief***

The group thought we could run this again next year as we have more momentum now that the kids understand the event. Teachers and kids all came back with positive comments.

### ***Book & Bake Sale***

So far everything on schedule. Diane is managing the publicity.

### ***Greening Committee***

May 27<sup>th</sup>, Bonnie will do a gardening day

### ***Research and Funding***

No update at this time.

### ***Gr. 8 Grad Update***

The planning committee is putting together what they need for grad.

### ***Website***

LeeAnne has offered to catalogue the Parent Resource library to add to the Council website.

## **Other Business**

No other items for discussion.

***The meeting adjourned at 9:15 pm.***

***The next meeting will take place on April 19, 2016.***



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# ROMHC Early Intervention Program



*Mental health and well-being for all • La santé mentale et le mieux-être pour chacun*

# Early Intervention Program

- ❖ Healthy Lifestyle Program for Youth age 12-18
- ❖ Provide students with the tools to make healthy choices
- ❖ Prevent and/or delay the onset of substance use
- ❖ School Based, Train the Trainer model of delivery
- ❖ Funded by the MOH and MCYS
- ❖ We are presently providing service in 17 schools with three full time staff



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# Client Profile

- ❖ All students can benefit from our program
- ❖ We see students from economically disadvantaged environments, separated families, family history of substance use and/or mental health issues, trauma survivors, victims of bullying.....
- ❖ High achievers and students with IEP's.
- ❖ Non using, experimental stage use and irregular users of substances can attend groups
- ❖ Those students with specific substance use issues are referred to other services i.e. Rideauwood or Sandy Hill



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# How does your child get into the group?

- We present to every class in an entire grade level
- Students refer themselves
- They need your permission to attend
- Groups run 6-8 months
- We offer follow up groups



Services de santé

**Royal Ottawa**

Health Care Group

# EIP "what it looks like in your school"

- ❖ Group meetings are held once a week for approx. 40 minutes.
- ❖ 8-12 youth, boys only, girls only and mixed groups.
- ❖ Rotating schedule so that they do not miss the same class each week.
- ❖ Parent information sessions are offered upon request.
- ❖ Two days of training are provided to the school co leaders.
- ❖ For more information please contact [mike.souilliere@theroyal.ca](mailto:mike.souilliere@theroyal.ca)



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# Summer Camp

- ❖ For students who have a family member with a Substance Use and/or a Mental Health Issue
- ❖ 5 day adventure based learning program



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